



# SAVORY HEALTHY BRUNCH



TODOS LOS DÍAS DE 10:00 A 16:00H

## Brunch

TODOS NUESTROS BRUNCH INCLUYEN  
UN PRINCIPAL, CAFÉ O TÉ, ZUMO NATURAL RECIÉN EXPRESSADO Y UN POSTRE A ELEGIR

### CHICKEN BAGEL 18€

Bagel con semillas, escalope de pollo a la plancha, queso fundido, salsa de yogur, espinacas, tomate y acompañado con gofre de patatas

### VEGGIE GRILL BAGEL 15€

Bagel con semillas, espinacas, crema de aguacate, rodajas de tomate y huevos a la plancha con queso y acompañado con gofre de patatas con salsa holandesa

### PROTEIN BAGEL 18€

Bagel con semillas, queso crema, salmón ahumado, espinacas, aguacate y huevos a la plancha con queso y acompañado con gofre de patatas con salsa holandesa

### VEGGIE OMELETTE 15€

Tortilla francesa rellena con espinacas y queso fundido y acompañada con rodajas de tomate y aguacate, pan de semillas y ensalada verde

### VEGGIE HEURA BURGER 18€

Bagel con semillas, hamburguesa vegana o vegetariana, queso fundido, crema de aguacate, tomate, lechuga, salsa barbacoa y acompañado con gofre de patatas

### VEGGIE POTATO WAFFEL 16€

Delicioso gofre salado casero de 18 cm preparado a base patatas cubierto con salsa holandesa y acompañado con dos huevos fritos, tomate, rúcula y aguacate

## ELIGE TU BEBIDA

- |                         |                   |                  |
|-------------------------|-------------------|------------------|
| -Expresso               | -Café Americano   | -Agua            |
| -Cortado                | -Capuchino +1€    | -Kombucha +1,50€ |
| -Café con Leche         | -Matcha Latte +1€ | -Refresco +1€    |
| -Té (elige de la carta) | -Colacao          | -Cerveza 1/3 +1€ |

LECHE A ELEGIR Entera | Soja | Avena | Sin Lactosa

## ELIGE UN ZUMO

- |   |  |   |
|---|--|---|
| Naranja<br>Orange  | Manzana<br>Apple  | Zanahoria<br>Carrot  |
|---|--|---|

## ELIGE TU POSTRE

### SAMBAZON

Açaí con banana, fresa, granola y crema de cacahuets

### GOFRE

Gofre con crema de chocolate, banana, fresas, nibs de chocolate

### CHOCO CRISPI

Yogurt con banana, fresa, nibs de chocolate, arroz inflado

### PROTEIN PANCAKE

Pancake casero alto en proteína con fresa, banana y crema de cacahuets

### CROISSANT

Croissant de mantequilla o chocolate

# Stay POSITIVE & BE Happy



## INGREDIENTES EXTRA PÍDELOS CON TU BRUNCH

- |                     |       |
|---------------------|-------|
| - Queso gouda       | 1,50€ |
| - Queso mozzarella  | 2,00€ |
| - Salmón ahumado    | 3,00€ |
| - Aguacate          | 2,00€ |
| - Huevos fritos 2ud | 2,50€ |
| - Bacon vegano 2ud  | 2,00€ |



## ADVERTENCIA

Queridos clientes, en nuestra carta usamos productos con gluten, lácteos, frutos secos, semillas y NO podemos garantizar la contaminación cruzada. Si tienes alergia o intolerancia avísanos por favor.



## SOLO PLATO

PUEDES PEDIR SOLO EL PRINCIPAL DEL BRUNCH

CHICKEN BAGEL 11€

GRILL BAGEL 9€

PROTEIN BAGEL 11€

OMELETTE 9€

HEURA BURGER 11€

POTATO WAFFEL 10€

VEGGIE ENGLISH 11€

Huevos fritos, salchichas veganas, bacon vegano, habas horneadas con salsa de tomate y acompañado con gofre de patatas

# SELF CARE IS A PRIORITY AND Necessity NOT A LUXURY

SE PUEDE ELEGIR 2 BEBDIAS  
EN CAMBIO DEL ZUMO EN EL BRUNCH



# SAVORY HEALTHY BRUNCH



EVERY DAY FROM 10:00 A.M. TO 4:00 P.M.

## Brunch

ALL OUR BRUNCHES INCLUDE  
A MAIN, COFFEE OR TEA, NATURAL FRESH JUICE AND A DESSERT OF YOUR CHOICE.

### CHICKEN BAGEL 18€

Bagel with seeds, grilled chicken escalope, melted cheese, yoghurt sauce, spinach, tomato and served with a potato waffle.

### VEGGIE GRILL BAGEL 15€

Bagel with seeds, spinach, avocado cream, tomato slices and grilled eggs with cheese and served with a potato waffle with hollandaise sauce.

### PROTEIN BAGEL 18€

Bagel with seeds, cream cheese, smoked salmon, spinach, avocado and grilled eggs with cheese and served with a potato waffle with hollandaise sauce.

### VEGGIE OMELETTE 15€

French omelette filled with spinach and melted cheese and served with tomato and avocado slices, seeded bread and green salad.

### VEGGIE HEURA BURGER 18€

Bagel with seeds, vegan or veggie burger, melted cheese, avocado cream, tomato, lettuce, barbecue sauce and served with potato waffle.

### VEGGIE POTATO WAFFEL 16€

Delicious homemade 18 cm savoury waffle prepared with a potato base, covered with hollandaise sauce and served with two fried eggs, avocado, tomato and rocket.

# Stay POSITIVE & BE Happy



### SINGLE PLATE

YOU CAN ORDER ONLY THE BRUNCH MAIN

CHICKEN BAGEL 11€

GRILL BAGEL 9€

PROTEIN BAGEL 11€

OMELETTE 9€

HEURA BURGER 11€

POTATO WAFFEL 10€

VEGGIE ENGLISH 11€

Fried eggs, vegan sausages, vegan bacon, baked beans with tomato sauce and served with a potato waffle.

### CHOOSE YOUR DRINK

-Espresso

-Americano

-Stil water

-Espresso with a dash of milk

-Cappuccino +1€

-Kombucha +1,50€

-White Coffee

-Matcha Latte +1€

-Soft drinks +1€

-Tea (choose from the menu)

-Hot chocolate

-Beer 1/3 +1€

MILK CHOICES Whole Milk | Soya | Oatmilk | Lactose free

### CHOOSE ONE JUICE

Naranja  
Orange



Manzana  
Apple



Zanahoria  
Carrot



### CHOOSE YOUR DESSERT

#### SAMBAZON

Açaí with banana, strawberry, granola and peanut butter

#### WAFFLE

Waffle with chocolate cream, banana, strawberries and chocolate nibs

#### CHOCO CRISPI

Yoghurt with banana, strawberry, chocolate nibs, puffed rice

#### PROTEIN PANCAKE

Homemade high-protein pancake with strawberry, banana and peanut butter

#### CROISSANT

Butter or chocolate croissant

### EXTRA INGREDIENTS

ORDER WITH YOUR BRUNCH

- Gouda cheese 1,50€
- Mozzarella cheese 2,00€
- Smoked salmon 2,50€
- Avocado 2,00€
- Fried eggs 2ud 2,50€
- Vegan bacon 2ud 2,00€

# SELF CARE IS A PRIORITY AND Necessity NOT A LUXURY

YOU CAN CHOOSE 2 DRINKS  
INSTEAD OF JUICE AT BRUNCH.



### WARNING

Dear customers, in our menu we use products with gluten, dairy, nuts, seeds and we can NOT guarantee cross contamination. If you have any allergy or intolerance please let us know.